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Orange Crops Damaged by Split Fruits

Growers from the southern portion of the state report considerable damage to the orange crop from splitting. There is very little that can be done to prevent the trouble. According to theory splitting is caused by unequal growth of the rind and the interior. B. F. Floyd, plant physiologist to the University of Florida Experiment Station, suggests that the fruits have been checked in their growth some time during the season. The rind seems to harden or set. When growth is resumed the interior is capable of more rapid development than the rind.

The splitting usually occurs in some weakened portion of the rind such as dieback spots or in creases. Most often the splitting is found on the sides or the blossom end. It occurs sometimes on healthy fruits.

The Station has not carried out any experiments to determine how to prevent the trouble. Some growers practice root pruning to a limited extent, which has seemed to help some. Others sprinkle bluestone around the tree. This practice is of doubtful benefit, but it is known to reduce the rate of growth for a period and there is a possibility that it may be effective in lessening the splitting. Bluestone is a poison, however, and the grower takes risk in using it. One pound to a large bearing tree and proportionately smaller amounts for smaller trees may be applied. It is best to use smaller amounts if one is not sure that the tree will stand it. To be effective the bluestone must be applied about the time the trouble starts. Old applications will have no effect. Splitting also occurs in grapefruit to a limited extent, but it is chiefly confined to oranges.

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FLORIDA'S POPULATION AS SHOWN BY STATE CENSUS

Tallahassee—The office of the department of agriculture has completed and given to the press the result of the 1915 census. The tabulation is known as the preliminary statement and gives only the largest cities, towns, all the counties, the grand total and the increase in each instance over the census of ten years ago and the increase during the past five-year period. The percentage is also figured in the report which is now being published for distribution throughout the state. The smaller towns and their percentage increases or decreases will be made public when the final tabulation is completed.

Florida now has, according to the state 1915 census, 921,569 people. In 1905 it had 614,902, an increase of 306,667, or forty-nine and nine-tenths per cent. in ten years. In 1910 Florida's population was 752,619, making the increase for the five-year period 168,950, or twenty-two and four-tenths per cent.

Hillsborough county has 83,661. In 1905 it had 51,416, an increase of 32,245, and in 1910 it had 78,374, an increase of 5,287. Hillsborough was divided in 1911, to create Pinellas county, but if the original county had remained intact, the increase would have been 24,102. This foot note is added in the department report in fairness to the county of Hillsborough.

The city of Tampa now has 55,978. In 1905 it had 22,823 an increase of 33,155. In 1910 it had 37,782, an increase in the five-year period of 18,196.

Jacksonville now has 66,850. In 1905 it had 35,301, an increase of 31,549. In 1910 it had 57,699, an increase for five years of 9,451.

Pensacola now has 23,247. In 1905 it had 21,505, an increase of 1,742. In 1910 it had 22,982, increase in five years being 265.

Tallahassee's present population is 5,192. The population in 1905 was 3,311, an increase of 1,881. The population for 1910 was 5,018 or an increase of 174 for the five-year period.

The total population of Leon county is 20,135. In 1905 it was 18,883, which shows an increase during the past ten years of 1,252. The population of the county five years ago was 19,427, the increase being 708.

The population of Duval county, according to the 1915 census, is 94,834. In 1910 it was 75,163, an increase of 19,671. In 1905 the population was 47,912, showing an increase in the past ten years of 46,992, or ninety-seven and nine-tenths per cent.

Escambia county this year has 41,143. In 1905 there were 32,383 people in that county, an increase during the past ten years of 8,660. For the five-year period the increase was 3,114.

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who shovel food into the apparently bottomless caverns that are reached through their mouths, as the fireman passes coal into the furnace, belong to the "feeding" class. They are quite as cultured at the table and in their daily lives as the herd that ran headlong into the sea and was drowned. They devour soup, coffee and other liquid foods audibly, and they know not the use of napkins. They but dimly appreciate the purposes of knives, forks and spoons and generally mix them.

What to eat? There is no mystery about it. If you are ill, eat what the doctor says you may have. If you are in normal health, eat what you want, what experience has shown you is assimilable and nourishing. Don't punish yourself by eating what you don't like because some one has told you it is good for you. That's too much like taking medicine, and medicine is not for the healthy man. A tasteful choice of fruits, meats and vegetables and cereals usually contains sufficient amounts of the proteins and calories to keep the balance that contributes to strength, that builds up the waste and keeps up steam.

Above all else take time to eat.

Don't hurry, for after all, eating is just as essential as sleeping to let us fill out our allotted space on this terrestrial ball, and you don't continuously cut short your sleeping time without shortening your stay on earth. Ample time for eating means deliberation in masticating your food. Don't go to the other extreme and become a mathematical eater—one

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that chews each mouthful a certain number of times. If you can't instinctively know when your food is ready to be swallowed, no counting can inform you, for nature is a better guide to intelligence than arithmetic, and a good many can't count beyond ten without "losing track."

Don't eat too much just because you have a good cook in the kitchen and because you like it. Don't eat to "save" things. It isn't good economy. Adapt your diet to the season and the climate. Nature very kindly gives us certain fruits and vegetables at certain seasons of the year, which we relish most when they come fresh from the garden, when they are best for us, and which we don't care for at other seasons. Watermelons are good in summer, but we don't crave them—wouldn't enjoy them half so much in January. No art of preserving can save all the relish of fresh fruits or vegetables, but this doesn't mean that the canner's art is not a very useful and necessary profession in our modern system of table economies.

Adapt your diet to your work. The man of sedentary occupation needs different food and in different quantities from that demanded by the ditch digger. For the former one heavy meal a day is sufficient; for the other three are not too many. Avoid greasy foods—the climate of Florida doesn't call for the fats and oils that the Eskimo deems luxuries, yet the menu on many Florida tables, particularly in the rural sections, abounds in things fried in grease, where every precaution has been taken to prevent the loss of a single drop of the animal fats. Broiled meats are palatable and healthful, fried meats are an abomination.

Drink water with your meals if you want it. The old fable that it should be used only between meals, doesn't hold good any more. But be sure that you do drink it between meals. It is a good lubricant and cleanser for the urinary tract, and if you haven't the habit already, by all means cultivate it.

The man who eats good food, even if it is plain and inexpensive, who eats in moderation yet sufficient to meet the necessities of his physical nature, who is temperate

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